



Have a more comfortable recovery experience with Swiss Therapy™ Masks.

Swiss Therapy™
HYDROGEL EYE MASK



Congratulations on your enhanced cosmetic experience!

PATIENT INFORMATION AND INSTRUCTIONS FOR AT HOME USE

While cosmetic and plastic surgery can easily cause swelling and bruising, many surgeons specialize your after care procedure to minimize these problems so you heal faster and feel better sooner. Your medical professional has chosen to include the Swiss Therapy™ Mask as your cold therapy treatment for your upcoming cosmetic or plastic surgery procedure.

Swiss Therapy™ EYE MASK

The reusable Swiss Therapy™ Hydrogel Eye Mask is unlike any other cold compress in the world. This mask was designed to be used pre- and post-operatively for any surgical procedure around the eye or face requiring cold therapy. This cooling and comforting hydrogel mask will lesson your discomfort, retard swelling and redness and enhance your overall cosmetic experience.

The ultra flexible design of Swiss Therapy™ enables the material to conform to the shape of your eye and mid face zones. This mask is incredibly soft, thin and applies minimal pressure on the skin. And unlike other compresses that can leak, it is non-adherent and stays moist – but never wet.

We are thrilled to help your medical provider give you the best possible treatment and service.

Important Notes:

- Each mask is for single patient use.
- Do not freeze.
- Should blood or other fluids inadvertently collect on the masks, simply rinse off with clean water.
- To prevent possible future infection of the eye, masks should not be used beyond the postoperative period suggested by your physician.

To order Swiss Therapy™ contact us today!

Swiss Therapy™ is used for a variety of plastic surgeries and cosmetic treatments including rhinoplasty, Botox®, collagen, restylane, and other injections, laser skin resurfacing, and dermabrasion.

 **INVOTEC
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Cold Therapy for Botox®, Eyelid Lift,
Injectable Fillers, and Rhinoplasty

Swiss Therapy™ HYDROGEL EYE MASK



Swiss Therapy™ Hydrogel Mask cools the tissues around the eyes and nose by evaporation.

You can help before surgery by avoiding Aspirin, Ibuprofen, and other such medication

or herbal substances that can increase bruising.

SWISS THERAPY™ DURING PROCEDURES

The immediate application of cold therapy is beneficial for reducing post-operative swelling as well as the risk of hematoma formation, or bruising.

At the end of your procedure, your surgeon will place a sterile Swiss Therapy™ Mask over your eyes and nose. You will immediately begin to feel the healing and comforting coolness of Swiss Therapy™. A fresh, cool mask will be replaced while you are in the recovery room.



If you are having laser skin resurfacing or Filler Therapy while in the OR, often, your surgeon will laser through a sheet of Swiss Therapy.

**OPTIMIZE YOUR RECOVERY PERIOD
AND THERAPEUTIC OUTCOME WITH
SWISS THERAPY™**

RECOVERY WITH SWISS THERAPY™

Swiss Therapy™ masks are used on the eye area for cold therapy during recovery to reduce post-operative swelling and discomfort, decrease healing time, and enable the patient to return to his or her normal activities more quickly. Patients also benefit from cold therapy's anesthetic effect which helps reduce the sensation of pain and provides a soothing, refreshing, and relaxing feeling to the operated area.

With simple refrigeration between uses and storage, this reusable eye compress can be applied again and again for cold therapy during recovery.



GENERAL RELAXATION WITH SWISS THERAPY™

Beyond its post-surgery and therapeutic applications, the cold compress can also be used to enhance your daily personal beauty routine by alleviating tired or puffy eyes, softening wrinkles and pores, and refreshing a tired complexion. The mask can also be used in the event of eye puffiness due to allergies and fatigue as well as for general relaxation.

DIRECTIONS FOR HOME USE

- Prior to application, the trays containing the masks should be placed inside a ziplock bag and cooled in a refrigerator or on a bed of ice for a period of 15 minutes. Do not freeze the mask.
- For post-surgery purposes, it is recommended to apply the compress for 15-20 minutes (or as directed by your doctor) and remove from the affected area for 40-45 minutes (or as directed by your doctor).
- Note: You may experience a sensation that the mask is no longer cooling. This sensation is due to the skin being desensitized by the initial cold. You may continue use of the mask as directed.

COMPRESS CARE SWISS THERAPY™

- After use, the compress can be rinsed with tap water.
- For best results, Swiss Therapy™ masks should be refrigerated in their covered trays inside a zip lock bag to help reduce dehydration.
- Additionally, place a few squirts of saline solution (contact lens solution) inside the ziplock bag to help prevent spores from germinating.
- Do not place any heavy objects on top of your compress.