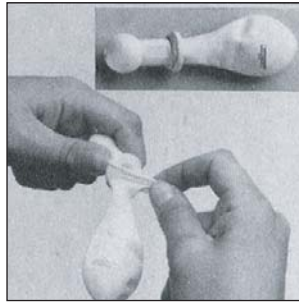


How do I use OTOVENT®?



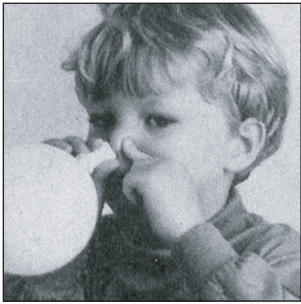
1. Connect the nose piece to the calibrated medical balloon as shown in figure 1.



2. Hold the round part of the nose piece firmly against your right nostril with your right hand. Press your left nostril closed, using the fingers of your left hand (figure 2).



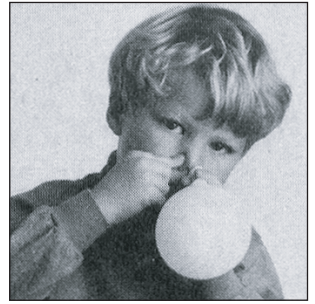
3. Inhale deeply and close your mouth.



4. Inflate the balloon until it is the size of a grapefruit, by blowing through the right nostril.



5. Repeat the procedure via the left nostril.



During this procedure you may experience a pressure increase and/or "click" in the ear. This indicates that the procedure is working properly.

If you do not feel anything in the ear.

6. Repeat step 2 and after that tilt the head forward and then to the right so that your right cheek is close to your right shoulder. Then, with your head in that position, repeat step 3 and 4.

7. When the balloon is inflated, try to swallow making sure that your mouth stays closed, and the nose piece remains firmly against the nostril.

8. Repeat this procedure via your left nostril.

Some patients may experience discomfort in the ear during inflation. This initial feeling will decrease during the next inflation and is an indication that the procedure is working correctly.